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## **ABSTRACT**

In a high data rate communication system, a method and apparatus for selectively reducing the power of signals transmitted by an access terminal. The access terminal generates an access metric based on throughput or data rate control (DRC) information. The access terminal then compares the access metric to an access metric threshold and gates or reduces its transmit power based on the results of the comparison. The access terminal uses algorithms to determine the access metric and access metric threshold that reduce transmit power during periods when the access terminal would not be selected to receive data from an access network according to an access network selection algorithm.